



(Lancashire) S.C.

President:

Steve Parry

Dear Swimmer,

First of all may we welcome you to Gallica (Lancashire) S.C. You are now embarking on an exciting journey, which will be both challenging and rewarding.

Here at Gallica we all strive for the success of our swimmers. Every training session is one step closer to achieving your ultimate swimming goal whatever it may be. Hopefully it will also allow you to make new friends along the way.

Enclosed in this pack you will find all the relevant documentation and information required to make your transition from club to squad as simple as possible.

You will see that throughout the year we try and fit in to our heavy training and competitive schedule a number of social and fundraising events. These are open to all our swimmers and their families, and have proved to be great fun and very successful.

We hope the transition into your new squad will go smoothly and quickly, but should you have any problems or questions then please do not hesitate to speak to your Coach or Squad Rep.

Once again Congratulations and remember, the harder you work the better the reward.

Regards and Good Luck,

Rob. Greenwood
Chief Coach
On behalf of all the Coaches, Swimmers and Committee
Gallica.

"A TEAM ABOVE ALL BUT ABOVE ALL A TEAM"

www.gallicaswimming.co.uk